



## Standard to Action Training

Is your organization ready to move forward with the National Standard for Psychological Health & Safety in the Workplace?

The Superior Mental Wellness@Work Project is pleased to offer assistance to 15 local organizations with the development of customized action plans for implementing the Standard. The **Standard to Action** training will support participants to create workplace environments that help maintain positive mental health for employees.

Specific outcomes of the training will be:

- Understanding the Standard and its purpose in the workplace.
- Development of customized action plans for implementing the Standard with a specific focus on three of the thirteen workplace factors.
- A workplace mental health policy/commitment.
- Activities to reduce mental health stigma.
- Networking opportunities to share ideas and challenges that advance the learning process.
- Preparation for participants to serve as ambassadors of the Standard within their organizations.

## How will the program be delivered

The **Standard to Action** training program will be delivered in a group-learning format through a series of 6 half-day sessions held in Nipigon from March to October 2017. It will be facilitated by Andrew Harkness, consultant with Workplace Safety and Prevention Services.

## How to register

**Two** representatives from each organization are required to participate in each monthly module. The cost for participating is \$460 per organization. This includes course materials for both participants. It is recommended that one of the participants holds a leadership role in your organization.

The program is open to organizations from all sectors. However, space is limited. Sign up today by submitting the attached participant agreement form. Registrations will be accepted on a first come first served basis.

**Registration Deadline: February 22, 2017.**

For information, contact Susan Armstrong at 625-5911 or [susan.armstrong@tbdhu.com](mailto:susan.armstrong@tbdhu.com).